



## Multiple local anesthetic safe dosing calculation sheet

This is a tool to assist the regionalist in organizing combinations of local anesthetics. The tool itself does not convey instructions but rather will promote safe dosing through sensible and defensible local anesthetic dosing regimens.

Directions:

Enter the patients weight

Select local

Calculate the maximum dose of each local

Select percentage of each local to the final mixture

Calculate the final milligram contribution of the final mixture

Local	Maximum dose	Patients weight (kg)	Total milligrams (max dose)	Percentage of total	Allowable added milligrams	Concentration of the loca (MG/CC)	MLs of local
Ropivacaine	3						
Ropivacaine (epi)	3.5						
Bupivacaine	2						
Bupivacaine (epi)	3						
Exparel							
Lidocaine	4.5						
Lidocaine (epi)	7						
Mepivacaine	5						
Mepivacaine (epi)	7						
Other							
Totals							

Patient sticker here